

MATERIALS LIST FOR HANDS-ON ANIMAL ART

- ✓ Plastic apron or cover-up
- ✓ Plastic table cloth or trash bags to cover work area
- ✓ Cardstock or white copy paper
- ✓ Paper plates for paint
- ✓ Small plastic container with water for washing out your brush
- ✓ Paper towels
- ✓ Hand wipes
- ✓ Washable or acrylic paint in the following colors:

Black	Green
White	Red
Brown	Blue
Yellow	Tan

Colors to mix:

- ❖ Add white to a color to make it lighter. Add black to a color to make it darker.
- ❖ Black & white = gray. When you add more white, the shade of gray will be lighter.
- ❖ Brown & white = tan. When you add more white you add, the shade of tan will be lighter.
- ❖ Yellow and red = orange

Instructions: This activity uses your hands, paint and imagination.

You should wear a cover-up to protect your clothes. Also, cover the table where you are working with a plastic trash bag or plastic table cloth to protect it.

You will need a few paint colors to help you make your hands-on animal art. If you have a paintbrush or sponge, it will be easier to apply the paint to your hand or to the paper. It is important to clean off your hand between each step, unless you are able to use the same color in another part of the picture.

Animal Art Instructions

MONDAY: Sheep

1. Choose a piece of paper. We used light blue paper as the background for the sheep.
2. Paint the palm of your hand white and press it onto the paper. Clean off your hand.
3. To make the head, make a fist and paint your curled-up pinky and the bottom of your fist white. Press it on one end of the sheep.
4. To make ears and a tail, paint the top part of your pointer finger white. Press two ears on the head and one tail.
5. To make the four legs, paint the top two parts of your pointer finger white. Then, press them under the body.
6. Use a toothpick or paintbrush to make black eyes.
7. Cut out grass from green paper or use your fingers to paint grass.
8. Add a yellow sun, white clouds and flowers, painting your fingertips.
9. Let the picture dry.
10. Outline the parts of the picture by using a black fine line marker, pen or pencil.

TUESDAY: Camel

1. Choose a piece of paper. We used cream-colored paper.
2. Paint the palm of your hand tan or brown. Press it on the paper. Clean off your hand.
3. Make a fist and paint your pinky and the bottom of the fist. Press one hump on the top of the body of the camel.
4. Paint your pointer finger and make the back legs bend in the middle. Paint your pointer finger and make the front legs straight.
5. Paint your thumb and stamp a curved neck on your camel.
6. Make a head by painting your thumb.
7. Add an ear and a tail.
8. Make sand dunes by painting your pointer finger and lightly tapping it on the paper.
9. Make a sun by using yellow on your thumb.
10. Outline the parts of the picture using a fine line black marker, pen or pencil.

WEDNESDAY: Donkey

1. Choose a piece of paper. We used light blue. Choose to gray or brown paint. You may make gray by mixing black and white in the shade you like.
2. Paint the palm of your hand as large as you want the body and press it on the paper. Clean off your hand.
3. Make a fist and paint the bottom of it. Then, press it on one end of the body to make the head.
4. Paint your pointer finger and make four legs.
5. Add two ears and a tail.
6. Paint a small dot of black paint on your finger for the eye.
7. Paint more black paint to your pointer finger and dab hair on the neck of the donkey and on the tail. (continued on next page)

8. Paint the tip of your pointer finger green and make grass.
9. Paint your thumb yellow and make a sun.
10. Paint your pointer finger white and make clouds.
11. Outline the parts of the picture using a fine line black marker, pen or pencil.

THURSDAY: Lion

1. Choose a piece of paper. We used cream-colored paper.
2. Paint your thumb tan. Make a circle for a face.
3. Paint your thumb brown and add a mane.
4. Paint your thumb tan to make a body.
5. Paint your pointer finger tan and make four legs. Add a tail.
6. Make a small lion.
7. Add green grass, umbrella trees, a blue watering hole, brown mountains and black birds.
8. Outline the parts of the picture using a fine line black marker, pen or pencil.

FRIDAY: Raven

1. Choose a piece of paper. We used light blue.
2. Paint the four fingers and palm of one hand black for a wing. Press it on the paper. Paint it black again and press it on the paper for the second wing.
3. Make a fist and paint the pinky and bottom of it black. Press above the wings to make a head.
4. Paint the tip of your pinky white. Press an eye onto the head.
5. Paint a tiny drop of black on your pinky and press it in the middle of the eye.
6. Paint your pinky black again and make two legs under the wings.
7. Paint your pointer finger orange and make bird claws under the legs and a beak on the head.
8. Make a brown branch and green leaves under the bird, using your pointer finger.
9. Outline the parts of the picture using a fine line black marker, pen or pencil.