

		Blistered Cherry tomatoes w/ roasted garlic Herbed Gnocchi French Bread Stick Salad	Ranch Style Beans Honey Cornbread Salad	Grilled Zucchini & Squash Mixed Veggies Garlic Toast Salad	Asian Vegetable stir-fry LoMain Veg Spring Rolls Asian Coleslaw	w/taziki Ancient Grains w/ kale Mixed veggies Northern Beans Pita Bread	Pinto Beans Yucca Fries w/Lime Crema Brussel sprouts with ACV Reduction and Parmesan Tortillas Salad	
SUPPER	Alternative Swedish Meatballs Zucchini & lentil Casserole Au gratin Potatoes Roasted Garden Vegetables Artisan Roll Salad	Vegan Bratwurst Impossible Burgers Grilled Portobello Sweet Potato Waffle Fries Corn on the cobb Brioche Bun Salad	Not Chicken Fried Chicken W/ Pepper Gravy Alt. Beef Stew Roasted Rosemary Redskin Potato Lemon Glazed Asparagus Honey Carrots Southern Yeast Roll Salad	Broccoli Cheddar Quiche Alt. Chicken Pot Pie Herb and Parmesan Sidewinder fries Fried Okra Dinner Rolls Salad	Cheese Manicotti Alt Chicken Parmesan Sautéed Mixed Vegetables Garlic Butter holes Salad	Vegetarian Chili Baked Potatoes and Fix-ins / Cheese sauce Sautéed Green Beans and Cherry Tomato Butter Fried Squash Sweet Hawaiian Rolls Salad	Mushroom Casserole Vegan Meatloaf Redskin Mashed Potato Zucchini & Tomatoes Southern Succotash Rolls Salad	

2026 CAROLINA CONFERENCE CAMP MEETING MENU / LAKE JUNALUSKA

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	X	Open Style Omelet Bar Scrambled Eggs w/ toppings Alternative Sausage Buttermilk Biscuits and Veg. Gravy Hash Browns Cinnamon Swirl French Toast / Topping Bar Cheesy Grits Milk, Cereal, Fresh Fruit, Assorted Yogurt	Garden Frittata Alternative Bacon Buttermilk Biscuits and Veg. Gravy Waffles / Topping Bar Home Fries Milk, Cereal, Fresh Fruit, Assorted Yogurt	Scrambled Eggs Alternative Sausage Buttermilk Biscuits and Veg. Gravy Pancakes / Topping Bar Potato Wedges Oatmeal with Cinnamon and Apples Milk, Cereal, Fresh Fruit, Assorted Yogurt	South West Scrambled Eggs Alternative Bacon Buttermilk Biscuits and Veg Gravy Cinnamon Buns Hash Browns Grits Milk, Cereal, Fresh Fruit, Assorted Yogurt	Open Style Omelet Bar Scrambled Eggs w/ toppings Alternative Sausage Buttermilk Biscuits and Veg Gravy French Toast Breakfast Potatoes Milk, Cereal, Fresh Fruit, Assorted Yogurt	Garden Frittata Alternative Bacon Buttermilk Biscuits and Veg. Gravy Waffles / Topping Bar Breakfast Potatoes Milk, Cereal, Fresh Fruit, Assorted Yogurt	Alt. Breakfast sandwiches Alternative Sausage Buttermilk Biscuits and Veg Gravy French Toast Casserole Home Fries Grits Milk, Cereal, Fresh Fruit, Assorted Yogurt
LUNCH	X	Mushroom Stroganoff Grilled Eggplant steaks Roasted Cauliflower	BBQ Tofu Vegan pulled Chicken Okra & tomatoes Green Beans	Alt Chicken Alfredo Alt. Meatballs and Marinara Pasta	Alt. Pepper Steak Tofu Teriyaki with Pineapple and Scallion Fried Rice	Vegetarian Greek Chicken. Roasted Garbanzo Beans Falafel	Black Bean Tacos Alt Chicken Taco Meat Spanish Rice Vegetarian	